

Edited by: Information Desk for Foreign Residents, Chiiki Shinko-ka, Iruma City Office, Tel: 04-2964-1111 ext. 2147

## HOW TO PROVE HEALTH INSURANCE ELIGIBILITY AT THE RECEPTION OF MEDICAL INSTITUTIONS

In accordance with the introduction of MY number card as health insurance card, there are some confusions reported at the reception of medical institutions. It is only one month after the introduction and most people can still use the old health insurance card, but more troubles are expected to occur from now on. Here are tips to avoid the situations where you are required to pay 100% of the medical costs.

WHAT TO USE TO PROVE ELIGIBILITY											
	Until Expiration	Date	After Expiration Date								
	of Health Insura	ance Card									
If you have	Health	健康保険 本人(技保院者) 00000年 005 0011 交付 対保険者証 204 0000000 第半 00	MY Number	5.8 佐藤 太郎 ···································							
MY number	Insurance Card	氏名 全年月日 0000年 00月 00日 世間	Card	En COROCEAAUCTE BBIT 762411811E8 2026911811E2198     COTE COTE COE9788							
card which		##2587%4AB 0000% 00A 00B									
has been	OR	はMARKA (0.0000000) はそのの からのの からのの からのの からのの からのの からのの ののの の	AND								
linked to	MY Number Card	165 058 258 940     100004A4073980399     100004A4073980399     1000441105358     1000441105358     1000449788     1000449788     100449788	In case your eligibility is not								
your health			confirmed by the card reader:								
insurance			Eligibility Notification (資格情報の								
eligibility			お知らせ shikaku joho-no oshirase)								
			(a A4 size pape	r)							
If you don't	Health	協康保険 本人(液体科者) 00000 (311 次付) (312 元) (312 2 1) (312 2 1) (312 2 1) (312 2 1) (312 2 1) (312 2 1)	Certificate of	有35回题 合和 5% 7月31日 22950 希望 1/5家 01							
have MY	Insurance Card	氏名 ●●●● ●●●● 生年月日 0000年 00月 00日	Confirmed	R ANDERS AND							
number		11月 新校5557年月日 0000年 00月 00日	Membership								
card		##### ###############################	(資格確認書	10. 544-300-012 (JMR222)							
			shikaku kakunir	n-sho)							

Even before the expiration date, if you change the name or address, or if you lose your health insurance card, your card becomes void. **No new card is issued**, and an eligibility notification or a certificate of confirmed membership is issued instead.

Those who have a MY number card linked to health insurance eligibility still **need to submit reports of joining/withdrawal from the system** (for example, when you quit a job). Your status is not automatically changed even though you can use the same MY number card. **Inquiries**: Kokuho Iryo-ka (Section for National Health Insurance and Medical Care)

#### Anonymous & Confidential VISA CONSULTATION BY IMMIGRATION OFFICERS ON JANUARY 16

Immigration

officers will come to Iruma City Hall and give advice on the procedures and necessary documents to obtain or



renew residence permission personally, on January 16 (Thu) between 1:00 and 3:00 p.m. The three advisors from the Information Desk for Foreign Residents who can speak English, Spanish and Chinese will be present during these hours. You can also ask questions by email in your language by providing necessary information (anonymously if you prefer). Inquiries: Chiiki Shinko-ka (Section for Community and Culture) ☎04-2964-1111 ext. 2147 ⊠: i-society@city.iruma.lg.jp

We wish you a happy and prosperous New Year!



Iruma International Friendship Society & the Information Desk for Foreign Residents

# **ARE YOU READY FOR 2024 FINAL TAX RETURNS?**

Some of saraly earners may have missed year-end adjustment (年末調整 'nenmatsu chosei') for some reasons; probably because you work only part-time, your company does not take care of your tax payment, or you quit your job in the middle of the year.

Or you may want to apply for exemptions which your company cannot handle, such as exemptions for housing loan, high-cost medical expenses and overseas dependents. All these need to file a final tax return by yourself.

If you are not sure whether you should file a tax return, see and check your 'proof of withholding tax' (源泉徴収票 'gensen choshu hyo'), which all employees in Japan should have received by this month from your employer. This small paper includes practically every information about your income and taxes.

Final tax return for 2024 must be filed by March 17 (Mon). The Information Desk is happy to help you with your processing. Just bring all the related documents, including the gensen choshu hyo, a certificate of life insurance

#### Necessary Documents to Apply for Dependent Exemption for Your Overseas Relatives

For relatives of **the ages 16 or more and less than 30**, **or 70 or more:** (1) "Documents Concerning Relatives" and (2) "Document Concerning Remittances (no minimum amount)"

For relatives of the ages 30 or more and less than 70:

- (1) "Documents Concerning Relatives" and (2) "Remittance Document of total **380,000 yen** or more during the year."
- \*No dependent exemption for those under 16.
- \*Other rules are applied for spouses and relatives residing overseas as students or those with disabilities.

premium payment, receipts of medical expense, etc. After March 6, you can submit your completed tax return form at the city office, if your income is only from your salary or pension.

# IRUMA COM+COM

## CITY MUSEUM SPECIAL EXHIBITION

# Life and Tools in Olden Days

#### January 7 to February 16

This annual exhibition at City Museum ALIT will focuse on "clothese in olden days" this year. Visit

and learn what life was like in Iruma when your grandparents and parents were children. Everyday during the period, you can try on kimono and try to use tools in those days (10:00 a.m. to noon and 1:00 to 4:30 p.m.). There are also related events, such as children's traditional activities (kite flying, top spinning, etc) on January 11 (Sat), 'bon' dance on January 12 (Sun), and a picture-story show on January 18 (Sat).

Admission to the permanent exhibition is 200 yen for adults, and free for this special exhibition. Museum is closed on Mondays (except Jarunary 13) and January 14 and 28. **Inquiries:** City Museum ALIT 204-2934-7711.



#### NEW TENANTS BEING ACCEPTED FOR PREFECTURAL APARTMENTS

Application forms will be handed out until January 21 at the Toshi Keikaku-ka in the Iruma City Office and Chiku Centers. Applications are accepted by postal mail or through website (https://kenjyu-moushikomi.saijk.com/top).

Inquiries: Ken'ei Jutaku-ka, Saitama Prefecture 2048-829-2875

## **CITIZEN'S FARM APPLICATION**

The City is inviting applications for the use of Citizens' Farms in Nakagami (144 lots) and Seibu (79 lots). You can use a lot for two

years starting April 1, 2025, for an annual fee of 6,000 yen. Apply by January 20 through the form (QR code), email (ir243000@city.iruma.lg.jp) or postal mail. Details are available at the Nogyo Shinko-ka (Agriculture Promotion Section).



#### Shimin-ka Opening on Saturdays: January 11 & 25, 8:30 a.m. to noon

Registration and certification regarding of moving-in/moving-out, juminhyo, koseki and registered seals; reports of family register-related events (birth, death, marriage, divorce etc.)

This Month's Tax Payment (Due date: Jan. 31)

 ◆City and Prefecture Resident Tax (市県民税 shi ken-min zei)
 ◆National Health Insurance Premium (国民健康保険 kokumin kenko hoken)
 ◆Long-term Care Insurance Premium(介護保険 Kaigo hoken)
 ◆ Medical Insurance Premium for Aged 75 + (後期高齢者医療保険 Koki Koreisha Iryo Hoken)

# **EVENTS THIS MONTH**

#### NEW YEAR PARADE OF FIRE DEPARTMENT BRIGADES

January 12 (Sun) at 10:00 a.m. at Sai-no-mori Park. The events include a parade of fire engines, a Japanese dram band performance and an acrobatic ladder-ride performance. Sirens will be sounded at 8:00 a.m. on the day of the parade. **Inquiries**: Shimin Anzen-ka (Section for Citizens' Safety)

#### ONE DAY JAPANESE CULTURE EXPERIENCE FOR CHILDREN

January 19 (Sun) from 1:30 p.m. at the Sangyo Bunka Center. Experience Japanese music instruments and dances. With the admission of 500 yen, you can participate in all the sessions. No prior registration is necessary. Children who joined the experience sessions can participate in the stage



performance from 2:50 p.m.. Inquiries: Sangyo Bunka Center 2604-2964-8377

#### NATURE OBSERVATION WALK @Lake Sayama

January 19 (Sun). From 8:30 a.m. at the ticket gate of Seibu Kyujo-mae station. Observe birds around Lake Sayama. Groups to observe plants and insects are not prepared. Fee is free. No prior application is necessary. **Inquiries**: Nogyo Shinko-ka

#### **2025 JAZZ DAY SPECIAL CONCERT**

January 25 (Sat) at 6:30 p.m. at AMIGO! Featuring Nakayama Takumi (Sax) and Yamashita Yosuke (Pf) Premium Duo. Tickets are now sold at AMIGO! for 3,500 yen (500 yen extra for day-of-performance tickets). **Inquiries:** Mr. Sakamoto 2090-3092-5730

#### **'MAMEMAKI' PARTY FOR CHILDREN**



 February 1 (Sun) at 10:00 at the Jido (Children)
 Center. Small children will enjoy this traditional event in which they scatter roasted soybeans to drive demons away! Admission is FREE! Registration is not required. Demon masks are in limited supply. Inquiries: the Jido (Children) Center 204-2963-9611

#### IRUMA 'BUDO' MARTIAL ARTS FESTIVAL

February 11 (National Holiday) from 9:00 to 11:55 a.m. at the Budokan (martial arts gym) in Kurosu. All the Budo teams in Iruma will gather together to demonstrate their skills. You can see performances and try some Budo, including Kendo, Judo, Kyudo, Shorinji-Kempo, Naginata, Aikido and Iaido. **Inquiries:** Sports Suishin-ka (Section for Sport Promotion)

# SUNDAY & HOLIDAY MEDICAL SERVICES

If you or a family member becomes sick or injured on these days, visit a hospital on the list. Healthcare covered by health insurance is provided from 9:00 a.m. to noon and 1:00 to 5:00 p.m. Please make a call before visiting. These services are basically for patients who do not need to be hospitalized.

	Name of hospital	Specialized in	Address	Tel.		Name of hospital	Specialized in	Address	Tel.
Jan 12	Kobayashi Byoin	Internal medicine	Miyadera 2417	04-2934-5121	Jan 19	Iruma Heart Byoin	Internal medicine	Koyata 1258-1	04-2934-5050
	Harada Byoin	Internal & Surg.	Toyooka 1-13-3	04-2962-1251		Toyooka Daiichi Byoir	n Surgery	Kurosu 1369-3	04-2964-6311
13	Seibu Iruma Byoin	Internal medicine	Noda 3078-13	04-2932-1121	- 26	Kaneko Byoin	Internal medicine	Araku 680	04-2962-2204
	Toyooka Seikei Geka B	yoin Surgery	Toyooka 1-7-16	04-2962-8256		Harada Byoin	Internal & Surg.	Toyooka 1-13-3	04-2962-1251

Kyukyu Denwa Sodan (emergency consultation hotline) is available 24 hours a day, 365 days a year: Push #7119 or Dial 048-824-4199. As for children, Shoni Kyukyu Denwa (pediatrics hotline): Push #8000 or Dial 048-833-7911. Nurses give advice on whether to seek hospital care for sudden illnesses or injuries.

## **Information Desk for Foreign Residents**

Located on the second floor of the City Office. All consultations are kept confidential. **English: Every Tuesday and, by appointment, 2nd & 4th Friday;** Spanish: Every Wednesday; Chinese: January 9 and February 13 . **All from 9:00 a.m. to noon.** Consultations by fax 04-2964-1720), by e-mail (i-society@city.iruma.lg.jp), or by LINE video talk are welcome.

